

Award #: 91 a ii
Submitted by: Springfield Civic Garden Club

Award Name: Garden Therapy
Club Members: 257

1. New Project: Yes **Beginning date:** April 2021 **Completion date:** On going

2. Summary/Objectives of Project:

A new Healing Garden was redesigned at St. John's Children's Hospital-HSHS, Pediatric 5th floor outdoor space. SCGC was requested to assist by the HSHS Foundation executive officer. The renovation/design of the children's outdoor healing space was a \$350,000 fully funded update. After meeting with HSHS staff our Garden Therapy chair, the community planting chair and a master gardener, our president and 3rd vice president evaluated the planting request for a "new garden therapy project." This community endeavor would benefit children and families during a difficult time in their life. A unanimous vote accepted the project with objectives to plan, plant and maintain the requested areas.

Step 1 - Planning; pots were designed to have various perennials and annuals with color and fragrance as well as a whimsical aspect including a focal point of a Fairy Garden with the intent of also attracting butterflies for the children's enjoyment. Our charge was to select plants and accessories for each pot. HSHS staff delivered the planting products to the location, i.e. Pots, soil, plants from a local nursery. All we needed to bring was our gardening tools and volunteers.

Step 2: Our volunteers came from two SCGC committees for the planting and maintenance. All volunteers were contacted and agreed to be available for the planting on June 23, 2021. The Garden Therapy chair, organized the volunteers to maintain the plants on a weekly basis, dead heading and planting replacement plants. The flower planters even survived heavy rains in July and continued to provide a beautiful visual effect through windows of the hospitalized children, as well as for those able to go into the outdoor area.

The plant list included:

4 Sunfinity Sunflowers 3-5 Cannas
2 Butterfly Bush 2 Elephant Ear, Colocasia Cup
3 Grasses, Fireworks 10 Salvia, Blue or Black
9 Butterfly Weed 9 Swamp Milkweed

Fillers and Spillers:

30 Sedum, Lemon Coral 24 Sunpatiens
30 Lobelia, 30 Creeping Jenny
24 Lantana, 6 Cannas, 24 Verbena

This was inclusive of 9 pots (3- 48" and 6- 30")

3. Involvement of club members and other organizations, etc.

13 SCGC members volunteered to plant and maintain the pots/containers through October 31, 2021.

119 Hours provided by SCGC Volunteers, 50 hours were administrative.

We had great support and assistance from the HSHS landscaping crew for heavy lifting of soil, watering and ordering.

4. Project expenses and means of funding:

St. John's Hospital Foundation covered all expenses for plants, pots, soil, replacement plants. SCGC provided expertise, the design, planting and maintaining of the planters. Friends of SCGC donated the Fairy Planter accessories consisting of 3 fairy houses and all accessories, as well as other whimsical floral and insect stake accessories for each pot. Inkind at \$300.

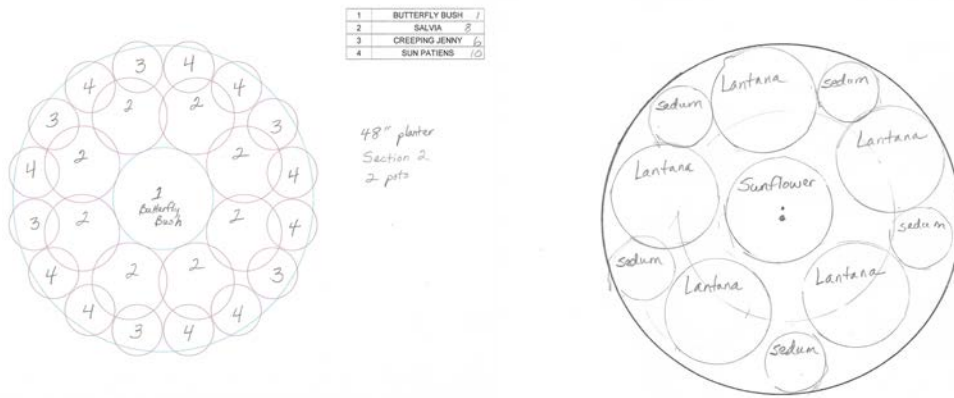
5. Continual involvement, follow-up maintenance.

Garden Therapy Chairperson created a maintenance team to deadhead and replace plants weekly from June 23 to October 31, 2021. Watering was provided by Hospital staff. SCGS has been requested to plant the pots for the Spring with a bulb design. We also have been requested to create a Holiday/Winter Design for the outdoor pots. The hospital staff, children and families have shared their appreciation each time we visit the healing garden, it has been a joy and privilege to support this special project.

6. Attach or insert photos, digital photos, and/or landscape plan:

Phase 1 & 2 Summer Planters diagram, planting and weekly maintenance.

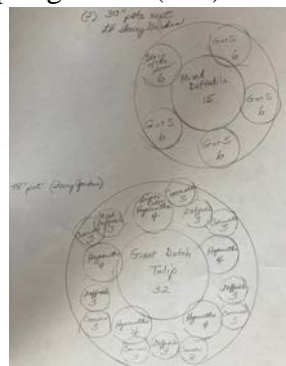
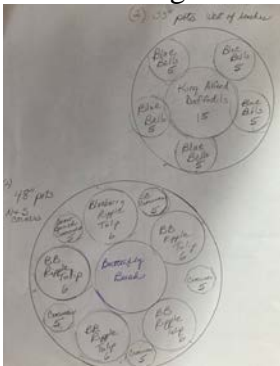
30" pot - 1" = 6"
 4 pots - Section 1
 N+S next to benches
 Total for 4 pots:
 4 Sunflowers
 30 Lantana
 30 Sedum



- 3 months growth of planters



Phase 3: Diagram of Spring Bulbs (300) scheduled planting is Nov 1.



 Bulbs from Holland